

### Activities and Special Events

**BINGO:** Bingo is played on Wednesdays and Saturdays at 1:00 p.m. in the Scott Theater.

**BUNCO:** If you're interested in bunco, look for us in the Scott Dining Hall, Recreation Section, the first and third Sundays of the month at 1:00 p.m. Come out and learn a new game! Refreshments are available for participants.

!(date) !(time)



TEXT: Activities and Special Events.1 9-5

### Next:



### Arts, Crafts, & Hobbies

For more information, call extension 3152

!(date) !(time)



NEXT: Arts, Crafts, & Hobbies.1 10-1

### Arts, Crafts, & Hobbies

#### CERAMICS:

Shop hours are 8:00 a.m. to 4:30 p.m. Please visit our studio and view items hand painted by the residents.

!(date) !(time)



TEXT: Arts, Crafts, & Hobbies.1 10-2

### Arts, Crafts, & Hobbies

#### AUTO HOBBY SHOP:

Hours of operation are Monday, Tuesday and Friday from 9:00 a.m. – 1:00 p.m. Wednesday the shop will be CLOSED, and on Thursday the hours are from 9:00 a.m. – 12:00 p.m. On Tuesday, April 24, 2007, we will have an Auto Shop Committee meeting to discuss shop procedures and any concerns. There will be refreshments available at the meeting.

!(date) !(time)



TEXT: Arts, Crafts, & Hobbies.2 10-3

### Arts, Crafts, & Hobbies

#### WOODSHOP:

The Wood Shop is still running. If you enjoy working with wood come down and join us.

#### FINE ARTS:

Come view the paintings and speak with the artists about their works. Sherman Building North, third floor.

!(date) !(time)



TEXT: Arts, Crafts, & Hobbies.3 10-4

### Arts, Crafts, & Hobbies

**WRAPPING ROOM:** The Wrapping Room is located in the Sheridan Building, next to the PX. Come and get your gifts and packages wrapped for shipping.

**PUZZLE ROOM:** If you enjoy puzzles, come to the Puzzle Room for puzzles, peace and quiet.

!(date) !(time)



TEXT: Arts, Crafts, & Hobbies.4 10-5

### Arts, Crafts, & Hobbies

**BRIDGE CLUB:** Will be held each Monday at the Scott Visitor's Lounge promptly at 1300 (1:00 p.m.). All party bridge players (at any level) are invited

**BRIDGE TOURNAMENT WINNERS:**  
To Be Announced

!(date) !(time)



TEXT: Arts, Crafts, & Hobbies.5 10-6

### Next:



### Fitness and Wellness

!(date) !(time)



NEXT: Fitness & Wellness.1 11-1

### Fitness and Wellness

To stay healthy, find time to exercise. Visit the Wellness Center. It is open 24 hours a day.

!(date) !(time)



TEXT: Fitness and Wellness.1 11-2

### Fitness and Wellness

#### AFRH Walking Program:

Walking will help you perform and maintain your daily personal care activities, such as bathing, dressing, shopping, and preparing meals. Simply stated, you are more easily able to maintain your independence!

!(date) !(time)



TEXT: Fitness and Wellness.2 11-3

### Fitness and Wellness

#### WALKING GROUP:

Residents are invited to participate in 1.5 mile walk outdoors each Saturday morning at 10:00 a.m. We will meet behind the Scott Building near the horseshoe pits. Don't miss this great opportunity to keep up your strength, energy, and maintain your functional fitness. For more information contact Jerry ext. 3066.

!(date) !(time)



TEXT: Fitness and Wellness.3 11-4

### Fitness and Wellness

#### BOWLING SHOOT-OUT WINNERS RESULTS:

April 12th Results:  
1st Place: Emil Byke  
2nd Place: Mimi Rivkin  
3rd Place: Bob Schonherr  
4th Place: Chuck Merlino

!(date) !(time)



TEXT: Fitness and Wellness.4 11-5